

APA Manual 6 th Edition	APA Manual 7 th Edition
The running head for the title page (p. 1) is different than the running head for subsequent pages	The running head rules are “simplified,” and running heads are not required for student papers. The running head on the title page no longer includes the words “Running head:”. It now contains only a page number and the (shortened) paper title. The running head is omitted in student papers (unless your instructor tells you otherwise).
A pronoun should reflect the same number as the noun it replaces (e.g., the boy>he, his; the boys>they, them)	Use of singular “they” is endorsed.
Two spaces after a period that ends a sentence is acceptable.	Use one space after a period, unless otherwise directed. Use only one space after a period at the end of a sentence.
There are unregulated areas in capitalization for some proper nouns, science, and medical terms.	There is increased guidance in this area.
The first in-text citation mentions up to five authors.	The first in-text citation of a work by more than two authors may list only the first author, followed by “et al.”
The reference section lists seven authors of a single work.	The reference section lists up to 20 authors for a single work.
Book references disclosed publisher location.	Book references omit publisher location. Instead of “New York, NY: McGraw-Hill” it’s just “McGraw-Hill.”
Font specifications: Times New Roman, 12-point is preferred.	More flexible font specifications: options include Calibri 11, Arial 11, Lucida Sans Unicode 10, Times New Roman 12, and Georgia 11.
	DOIs are formatted as urls (https://doi.org/xxx). The label “DOI:” is no longer necessary.
Retrieved from https://www.scribbr.com/apa-style/apa-seventh-edition-changes/	URLs are embedded directly in the reference, without being preceded by “Retrieved from,” unless a retrieval date is needed.
	For e-books, the format, platform, or device (e.g. Kindle) is no longer included in the reference.
	Clear guidelines are provided for including contributors that are not an author or editor. For example, when citing a podcast episode, the host of the

	episode should be included; for a TV series episode, the writer and director of that episode are cited.
	Dozens of examples are included for online source types such as podcast episodes, social media posts, and YouTube videos. Also, the use of emojis and hashtags is explained.
	The singular “they” or “their” is endorsed as a gender-neutral pronoun. Descriptive phrases such as “people living in poverty” are preferred over adjectives as nouns to label people (e.g., “the poor”).
	Instead of broad categories (e.g., over 65 years old), you should use exact age ranges (e.g., 65-75) that are more relevant and specific.
	Heading levels 3-5 are updated to improve readability.
	Use double quotation marks to refer to linguistic examples (e.g. APA endorses the use of the singular pronoun “they”) instead of italics.

References

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