

2021 Foundation **Annual Report**



ROCKY MOUNTAIN
UNIVERSITY *of*
HEALTH PROFESSIONS®

Contents

Letter from the Foundation Chair.....	03
About the Foundation	04
Board of Directors	04
2021 Foundation Funded Projects.....	06
CRC.....	06
CCD	11
Research.....	16
Student Support	18
Community Support	19
Financial Statements.....	21
Foundation Future Needs	24
Summary.....	26



Letter from the Foundation Chair

Dear Friends,

Rocky Mountain University of Health Professions (RMUoHP) is an accredited institution recognized for evidence-based, meaningful healthcare education. Established in 1998 as an exclusive graduate healthcare institution, RMUoHP has a reputation for exceptional, high quality, and rigorous healthcare education programs. The University's mission is to educate current and future healthcare professionals for outcome-oriented, evidence-based practice. The University demonstrates mission fulfillment through the quality of its education and success of its students in academic programs that develop leaders who are skilled in clinical inquiry and prepared to effect healthcare change.

The Rocky Mountain University of Health Professions Foundation (RMU Foundation), a non-profit 501(c)(3) organization established in 2008, assists Rocky Mountain University of Health Professions to achieve its mission with initiatives and projects that have a positive impact on health education and wellness of the citizens of Utah County, the State of Utah, and the nation.

Additionally, we provide service to our community through the Community Rehabilitation Clinic (CRC) and the Center for Communication Disorders (CCD). They are both pro bono clinics providing free care to underserved and uninsured citizens of Utah County and a few beyond. You will see in this annual report the extent of that service to the community. We also encourage student volunteers from RMUoHP, Brigham Young University, and Utah Valley University to become engaged in service through their volunteer efforts at the pro bono clinics. The students not only learn great clinical skills, but they also experience empathy for the underserved population and the challenges they face in their lives.

We invite friends, businesses, private foundations, municipalities, and organizations that embrace outstanding education and a healthy population for future generations to join us. Together, with your support, we can create new avenues to improve the quality of life and wellness of individuals in Utah County, the State of Utah, and the nation.

In this Annual Report, we take the opportunity to share some of the outcomes of our efforts this past year as well as vital projects we are working on for 2022 and beyond. We also recognize those that have contributed to doing good in our community.

Thank you,



Vic Deauvono
Foundation Chair

About the Foundation

Mission

The mission of the RMU Foundation is to advance the quality and accessibility of healthcare. We fulfill our mission by:

- Serving our community through the Community Rehabilitation Clinic, Center for Communication Disorders, MS Physical Therapy & Wellness Center, and other strategic initiatives.
- Fostering learning and sponsoring research for students and faculty in healthcare fields.
- Collaborating with other organizations that have similar shared missions and objectives.

Vision

The RMU Foundation's vision is to improve the quality of life for patients in our community and around the world.

Core Values

Accountability

We function with integrity and build trust across our constituents as we steward our resources, provide quality services, and maintain effective operations.

Adaptability

We readily respond to evolving community healthcare needs.

Collaboration

We value the strength and success that comes through working with other organizations toward the benefit of our community.

Community

We value and contribute to the well-being of our community.

Education

We create learning and scholarship opportunities for current and future healthcare providers.

Patient-Centeredness

We respect and compassionately care for each of our patients.

Service

We provide services and resources that benefit the welfare of others.

Board of Directors

Executive Committee

Chairman: Vic Deauvono

Private Investor & Developer (Orem, UT)

Vice Chairman: Open

Treasurer: Jeff Bate, MBA

*Executive Vice President of Finance
& Associate Chief Operating Officer,
Rocky Mountain University of Health
Professions (Provo, UT)*

Secretary: Victor Morris

*RMU Foundation Senior Director
(Provo, UT)*

Board Members

Kelly Alvord, DPT

*Therapy Resource, Ensign Facility
Services (Mission Viejo, CA)*

Richard P. Nielsen, DPT, DHSc, ECS

*Founding President & CEO, Rocky
Mountain University of Health
Professions (Provo, UT)*

Mark Timothy Ross, PhD

(Provo, UT)

Michael Skurja, Jr., DPT, ECS

*(Emeritus), President, Wasatch
Educational, Inc. (San Diego, CA)*

Debra Wing, MSN, ED, RN, SNE,

Major, USAFR (Provo, UT)

*Thank you to those who served in
2021 who are stepping off the Board:*

Kelly Alvord

Jack May

John Nemelka



2021 Foundation Funded Projects

Community Rehabilitation Clinic

Serving the Community

As the RMU Foundation moves forward into the new year, it is important to look back and celebrate the incredible work that was done in the pro bono Community Rehabilitation Clinic (CRC) in 2021. The CRC not only provided faculty and students the opportunity to utilize their skills and expertise, but it continued to do so while providing free services needed by underserved members of the community.

The challenges brought forth by the COVID-19 pandemic led to the creation of the COVID-19 Rehabilitation Program that provided physical therapy rehabilitation to individuals with current or past diagnosis of COVID-19. The program focused on endurance, strength, and mobility training; help with breathing and oxygenation; sinus and lung clearance and cough; and improving mental health such as anxiety and depression. Depending on the patient's condition, COVID-19 rehabilitation was offered in-person at the CRC or through telehealth appointments.

Programs & Services

COVID-19 Rehabilitation Program

The COVID-19 Rehabilitation program at the CRC provides pro bono services to individuals with current or past diagnosis of COVID-19. Supported by a recent community development block grant from Provo City, the program components include strength and mobility training, help with breathing and oxygenation, secretion clearance and cough, and improving mental health such as anxiety and depression. These services are offered in the clinic or via telehealth depending on the patient's condition. The program is administered by Dr. Hina Garg and included 13 patients, with the majority having been treated and discharged.

Health & Wellness Program

The CRC Health and Wellness Program aims to

transition patients from rehabilitation to lifestyle management. This program is for patients who have problems with sleep, weight management or dietary patterns, stress management, and other related issues. The aim of the program is to address problems that directly or indirectly impact a patient's ability to have a full recovery. The program is run by Dr. Michael Bartholomew and Dr. Miriam Cortez-Cooper.

Multiple Sclerosis (MS) Physical Therapy & Wellness Center

The Multiple Sclerosis (MS) Physical Therapy and Wellness Center provides free, high-quality services to individuals in Utah County that struggle to find individualized MS-specific physical therapy rehabilitation. The clinic tailors an exercise or wellness program specific to each individual and the challenges that they face. No two people will have the same plan, but each plan will help a patient gain strength and mobility, build relationships with other MS patients, and provide support for any other physical, social, or emotional challenges related to MS. This program is run by Dr. Hina Garg, Jared Labrum, and Bet Hawley.

Electrodiagnostics

Electromyography (EMG) is a diagnostic procedure to assess the health of muscles and the nerve cells that control them (motor neurons). EMG results can reveal nerve dysfunction, muscle dysfunction, or problems with nerve-to-muscle signal transmission. During a needle EMG, a needle electrode inserted directly into a muscle records the electrical activity in that muscle. It then translates that data into graphs, sounds, or numerical values that are then interpreted by a specialist. Symptoms that may indicate a nerve or muscle disorder may include tingling, numbness, muscle weakness, muscle pain or cramping, and certain types of limb pain. EMG results are often necessary to help diagnose or rule out a number of conditions that relate to muscular, motor neuron, and nerve disorders. Dr. Coleby

Clawson performs EMG procedures on patients at the CRC one day per week.

RMUoHP Service Learning Course

RMUoHP's service-learning course incorporates community service with academic learning for the students in the RMUoHP Doctor of Physical Therapy (DPT) program. This course provides the opportunity for students to explore the scope of health issues and rehabilitation needs of physical therapy patients in the CRC and assist them with solutions to resolve their physical problems.

RMUoHP Student-Run Pro Bono Clinic

The RMUoHP Student-Run Pro Bono Clinic resumed mid year with 10 faculty advisors and 65 DPT student volunteers from RMUoHP. The students run the clinic at the CRC one day a week in the early evening where they attend to scheduled physical therapy patients under supervision of an RMUoHP faculty member.

Patient Encounters



1,096

Total number of patients treated at the CRC for 2021



5,986

Total number of patient treatments at the CRC for 2021

Patient Outcomes

Through Focus On Therapeutic Outcomes (FOTO), an outcomes management system that measures physical therapy patient outcomes in physical therapy clinics and hospitals nationwide, FOTO provides risk adjusted measurements by considering co-morbidities, fear avoidant behaviors, symptom severity at intake, patient functional level, and overall treatment satisfaction. The CRC consistently scored higher than national averages on the benchmark measurements of completion rate, clinic efficiency, patient utilization of resources, effectiveness of functional improvement, and patient satisfaction.

Financial Benefit

The financial benefit is based upon the current Medicaid rates plus cost savings for less visits to discharge. The CRC calculation system reflects the CRC's financial benefit to the community. The system is based on Medicaid reimbursement rates for specific billing codes that the CRC billed for these services.

The total financial benefit for patients treated and their communities for 2021 is \$1,244,652.



CRC Volunteering

The CRC had great support from volunteers throughout the year. There was a total of 239 volunteers who gave 3,150 hours of service to patients at the CRC.

2021 Volunteers	# of Volunteers	Volunteer Hours
RMUoHP DPT Students	69	460 Hours
BYU Student Interns	25	808 Hours
BYU & UVU Students	132	1,954 Hours
RMUoHP Staff	13	288
Total: 239		Total Hours: 3,510

Volunteer Spotlight



Cade (BYU Student)

When I started going to BYU last fall, I knew that I wanted to go into the healthcare field. It was something that always interested me, and after living in Peru for two years and seeing the effects of a broken healthcare system, it became my goal

to find a way to help immigrants struggling with poverty gain access to the healthcare they need. Over the four months that I've volunteered, the CRC has blessed my life. I've gained experience in a physical therapy setting, been excited by seeing what I've learned in school applied clinically, and have grown to be more professional and compassionate in interacting with patients.

However, the biggest impact from the CRC has come in the form of its patients. Many people come through the doors to receive life-changing care that they might not have access to otherwise. There are two experiences that I've recently had that illustrate that point. First, I saw a woman come in to thank each of the therapists for giving her life back to her. She had struggled for 15 years with a severe pain in her lower leg that really limited what she could do physically and kept her from living a high-quality life. After seeing lots and lots of doctors over the years, she was sent to the CRC, where she was finally able to be correctly diagnosed and received the treatment she needed. Second, a middle-aged man came into the clinic because he was experiencing moderate amounts of pain in his arms. An EMG test revealed that he had a degenerative nerve disease, meaning that both the quality and length of his life would be critically impacted if important lifestyle

changes weren't immediately made. Because of his economic status, that man probably would have waited to get medical attention until the disease was much more advanced and its effects were significantly less reversible. His diagnosis that day was life-saving. While we can see that the CRC gave tremendous service to both of those individuals, the true impact that it has on patients, staff, and all who are involved with it is incalculable.

Patient Spotlight



Claudia (CCD Patient)

The COVID-19 virus left me with some continued problems. My doctor, knowing my health and economic situation, recommended the CRC. I arrived at the clinic with a lot of pain in my back and legs that did not allow me to have

a normal life. I could not bend down to put my shoes on, stand or sit without pain, and had constant leg pain. At bedtime, my husband had to massage my legs and back every night for relief. Now thanks to the care I receive, my pain is less and I'm starting to do activities that I couldn't do before. Also, going to bed is no longer a torture for me or my husband.

The professionals and students at the CRC are very kind and considerate of the patients. They take the time to help us and show empathy. I am very grateful for the care I receive and those who make it possible.

CRC Advisory Board



Board Chair
Dr. Mark Horacek
*RMUoHP Executive Vice
President of Academic Affairs
& Provost*



Vice Chair
Dr. Trevor Dorius
*Intermountain Physical
Therapy*

Board Members



**Dr. Matthew F.
Bushnell**
*Orem Sports Medicine
Center*



Dr. Coleby Clawson
*RMUoHP DPT Assistant
Professor & CRC Physical
Therapist*



Dr. Hina Garg
*RMUoHP DPT Associate
Professor & MS Physical
Therapy & Wellness Center
Director*



Dr. Crystal Miskin
*CRC Clinic Director &
RMUoHP DPT Assistant
Professor*



Dr. Ulrike Mitchell
*BYU Associate Professor
Department of Exercise
Sciences*



Vic Morris
*Senior Director
RMUoHP Foundation*



**Rachel Lovejoy
Mortenson**
*Executive Director
Community Health Connect*



Dr. Joel Tenbrink
*RMUoHP DPT Instructor
& Assistant Director of
Clinical Education*



Dr. Mark Walker
RMUoHP DPT Faculty

CRC Staff



Dr. Crystal Miskin
*Clinic Director &
Full-time Physical Therapist*



Dr. Hina Garg
*MS Center Director &
Part-time Physical Therapist*



Dr. Coleby Clawson
*Part-time Physical Therapist
& EMG Specialist*



Dr. Will Sykes
Part-time Physical Therapist



Dr. Michael Bartholomew
Part-time Physical Therapist



Jared Labrum
*Part-time Physical Therapist
Assistant*



Yvette (Bet) Hawley
*Part-time Physical Therapist
Assistant*



Emily Flake
*Part-time Physical Therapy
Technician*



Joshua Jordan
*Part-time Physical Therapy
Technician*



Jessica Raymond
*Part-time Research
Assistant*



Emily Gard
*Part-time Research
Assistant*



Cade Mooney
*Part-time Research
Assistant*



Ellie Casas
Receptionist

Center for Communication Disorders

The Center for Communication Disorders (CCD) is responsible to two different entities: the RMU Foundation and the Master of Science in Medical Speech-Language Pathology (MS MedSLP) program in the RMUoHP College of Medical & Professional Sciences. This is due to the mission of the CCD to both serve the community and to provide opportunities for clinical education.

The MS MedSLP program requires students to spend their first three semesters earning approximately 100 contact hours of direct patient care. This care is provided under close supervision in the CCD and through its affiliated programs in the community. Clinical supervision is provided by speech-language pathologists who are invested in the art and science of clinical education. These educators establish the foundational skills necessary for students to succeed in external placement in their second year.

RMUoHP has established a culture and a core value of service. The department, faculty, and students must demonstrate a commitment to that value.

The CCD continues to provide services to clients across all ages and levels of severity in all professional domains including feeding and swallowing, motor speech disorders, voice and resonance, fluency, expressive and receptive language, augmentative and alternative communication (AAC), social language disorders, perceiving and producing speech, and cognition.

In 2021, the CCD held lab sessions supporting students to develop skills in rigid endoscopy, videostroboscopy interpretation, and using the computerized speech lab.

Programs & Services

Family Support Network

The Family Support Network (FSN) develops resource materials for families of AAC users. FSN filmed two podcasts aimed at educating the public. The students assigned to this program have learned how to adapt education to parent or family needs and how to listen to family issues without judgment.

The CCD was instrumental in supporting the Provo Nursing and Rehabilitation Center in evaluating then acquiring an eye gaze system for one of their patients. Services also included consultation to set up the system and training of communication partners.

Aphasia Group

The aphasia group is composed of clients who have had a stroke or brain injury resulting in a loss of language skills and is focused on functional communication and generalization of skills developed in individual treatment. The CCD has seen an increase in referrals for aphasia during 2021. The group is facilitated by a second-year student, with support from the first-year students.

South Franklin Community Center Literacy Program

South Franklin Community Center in Provo, which serves a low socioeconomic status population, re-opened its center to outside organizations and some group programming. The CCD returned to the center in 2021 to hold after-school sessions focused on literacy support and development.

Project Read

The Provo Project Read Adult Literacy Program returned to in-person services in 2021, allowing the CCD to resume individualized sessions for adults with low or no literacy who are interested in improving their situation and have an underlying language or cognitive disorder that makes achieving their goals challenging.

Transgender and Gender Non-Conforming Voice and Communication Program

This program is one of the most consistently requested services at the CCD. In 2021, sixteen clients received transgender and gender non-conforming voice and

communication services and there was still a waiting list.

Summer Programing

Reader's Theater began in Summer 2021 and focused on a language-rich environment that supports literacy skills for children between the ages of 5 and 12. A second Literacy Group for children between the ages of 8 and 13 added more specific reading and writing support focused on micro and macrostructure for at-risk children. A day program for school-age children with fluency disorders was also held for the fourth consecutive year.

Pediatric Feeding and Swallowing Clinic

Staff from the CCD spent time contacting the local Women, Infants, and Children (WIC) offices to share information on the services available at the CCD. Families who depend on WIC funds are unlikely to have the resources for traditional consultation and treatment in feeding and swallowing.

Friends for Life

An adolescent social skills group run by Mr. Greg Young had strong support from the parents of the children involved who reported positive changes in their children. Five to six students are involved in this group each semester, and they are introduced to an alternative model for service delivery focused on functional and community integrated practices.

Voice Disorders Clinic

The voice disorders clinic is run by Dr. Phil Sechtem and specializes in vocal trauma, muscle tension dysphonia, and spasmodic dysphonia. The voice clinic offers assessment including videostroboscopic examinations, laryngoscopy, and acoustic and perceptual measures. Treatment is geared to the specific needs of the client.

Beth Browning Preschools

In 2021 the CCD increased its focus on

the number of students who are assigned to support the Beth Browning Preschools. These preschools serve children with autism or childhood apraxia of speech. A total of twelve graduate students are assigned to work within these schools with the certified speech-language pathologists conducting group and individual treatments and supporting the children during play to increase use of their treatment skills.

New Focus Academy

The CCD supports New Focus Academy, an adolescent residential school for boys who are neurodiverse and come from around the country for a specialized school experience geared to their unique personalities and needs. The CCD sends ten students and one speech-language pathology supervisor to the program weekly to address social language, expressive communication, cognitive skills, and self-regulation.



Client Service Summary

This summary indicates the amount of services and the mode of delivery in which these services were performed throughout the year.

Assessments	Virtual Treatment Sessions	Clinic Based Treatment Sessions	Group Treatment Sessions	Total Client Sessions
94	915	1344	1072	2492

Student Service Summary

The CCD had great support from students throughout the year. There was a total of **2,448 services** provided to patients and a total of **2,139 hours and 39 minutes** of time donated.

Student Outcomes

The CCD also reviewed the performance of the MS MedSLP students after they entered their off-campus clinical externships to explore the benefits of early work in the CCD during the first three semesters in preparation for success during the final three semesters off campus. The following quotes come from the final competency evaluations written by off campus supervisors and through email communication:

"This student is bright, willing, and embraces growth. She utilized her Spanish language skills with many of the primary Spanish speakers and demonstrated cultural and ethnic difference sensitivity."

"This student tackles difficult situations using a positive attitude and clear communication. She is prompt, professional, and has good technique. She works extremely well with other professionals within the building and gives suggestions to other teachers on how to help students succeed in the classroom. She is eager to learn and didn't need to be forced into the role of primary clinician. She confidently communicated when she needed support and asked for feedback appropriately. She has thrived in a medical setting and has worked so well with all of the patients on her caseload. She is attentive to patients' individual needs, strengths, and weaknesses to facilitate their improvement and success with treatment interventions."

"This student is one of the BEST students I have ever had. I would take her back in a heartbeat! She responded so well to comments and suggestions, and I saw great growth over the course of the semester. I'm excited for more of your students here, I was one of your students' supervisors and was so impressed with how prepared she was!"

Patient Spotlights



Phil (CCD Patient)

Phil was referred to the Center for Communication Disorders for voice therapy secondary to chronic adductor spasmodic dysphonia and concurrent muscle tension dysphonia resulting in irregular vocal strain and hoarseness.

Onset began in 1996 after frequent occupational exposure over the course of 2.5 years to sulfuric acid fumes. To date, the client has received 55 injections of Botox into the vocal cords with the most recent occurring November 2020. The client's personal goal is to achieve his most resonant and functional voice and reduce the frequency of his Botox injections. Thus, we have provided care that helps Phil maximize and optimize his vocal technique and mechanics. Phil stated that these efforts have increased the interval of time between his ongoing Botox injections. The Botox lasts as long as it lasts; however, with optimal vocal techniques and mechanics, Phil has been able to maximize the effects of the Botox with the benefit of more functional voice use and quality over time. He realizes the adductor spasmodic dysphonia will not subside but his motivation to maximize quality is a key factor in his progress.



Theo (CCD Patient)

Theo is a 4-year-old boy currently receiving speech and language therapy services at the Center for Communication Disorders. Theo began speech therapy with SLP graduate clinicians in 2020, and the clinicians are so glad to work with

him! He lights up a room, and clinicians always know when he's come to play. Theo, who was born with Down syndrome, loves his family, music, playing with toys, and making new friends. He communicates in many different ways, including signs, his cute and expressive face, and more and more spoken language! CCD staff members have had the pleasure of growing with Theo this year and watching him make new sounds and learn new words. His mom shares stories with us every week of what he is saying at home and how much he

enjoys talking and communicating. Sometimes CCD staff members get to witness him saying a brand new word in session! Theo's mom has told us that he should be shared with the world, and the CCD is so happy she shared him with us. What a joy!



Watch this video to learn more about Theo's story.

CCD Staff



Wendy Chase
*Clinic Director &
RMUoHP Faculty*



Dr. Linda Spencer
*MS MedSLP Program
Director & Chair*



Dr. Priscilla Danielson
Clinical Educator



Dr. Phillip Sechtem
Clinical Educator



ElBea Stonier
Clinical Educator



Timothy Stockdale
Clinical Educator



Kristin Ipson
Clinical Educator



Allison Schuette
Clinical Educator



Adrienne Adams
Clinical Educator



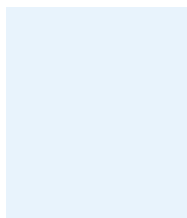
Jami Cazier
Clinical Educator



Darrell Matthews
Clinical Educator



**Chelsea Pipkin-
Litster**
Clinical Educator



Gregory Young
Clinical Educator



Sausa Herget
*Administrative Assistant/
Clinic Coordinator*

Research

Office of Research & Sponsored Projects

The Office of Research & Sponsored Projects (ORSP) at RMUoHP maintains a multidisciplinary human performance laboratory. The laboratory is equipped with a variety of physiological and exercise testing equipment and more importantly, mobile technology that allows faculty and student investigators to conduct research in clinical and real-world settings. The RMU Foundation and the ORSP collaborate to provide an environment that cultivates and supports student and faculty research. The mission of the ORSP is to support faculty and students in advancing their research and scholarship efforts.



2021 Research Projects

- Continuing Utah County CARES Nonprofit Grant Program, 2020 (*a clinical grant for the Community Rehabilitation Clinic*) assessment and rehabilitation strategies for post-COVID-19 patients – \$20,000
- Kinematic analysis of suspect-involved firearm threats toward police officers (Funded by Force Science Institute, LTD) – \$23,844
- The effects of tele-based versus combined wellness programs on functional outcome measures in individuals with MS (Funded by LSVT grant) – \$1,500

Projects in Need of Funding

- The Multiple Sclerosis Exercise Program at the Community Rehabilitation Clinic (Principal Investigator: Dr. Hina Garg).

Projects in Process for Funding

- 2021 Assessment and rehabilitation strategies for post-COVID-19 patients. Funding agency: Provo City.
- The metabolic, arterial and fatigue related effects of ASEA REDOX Cell Signaling Supplement in healthy controls: a pilot study. Funding agency: ASEA inc.

Grant Support Services

The ORSP offers internal grant funds for both RMUoHP faculty and students. In addition, the ORSP staff aids with grant writing, preliminary review of proposals, identifying external funding mechanisms, and offering pre- and post-grant management and support.

Research Training & Workshops

The ORSP frequently hosts research-related training and workshops.

ORSP Staff



Dr. Hina Garg
Interim Director



Dr. Tom Cappaert
Associate Director



Mike Kantor
PhD Research Assistant



Kirsten Thornhill
PhD Research Assistant



Ashley Miller
Administrative Assistant



Watch this video to learn about the research project *kinematic analysis of suspect-involved firearm threats toward police officers*.

Student Support

Student Food Pantry Fund

During the pandemic, the Student Pantry Fund provided basic supplies to RMUoHP students in need. Student pantry supplies included items to assist students to help their physical well-being and be successful in their educational pursuits. The fund has been supported by RMUoHP faculty, administrators, and staff on a limited basis.

MPAS Student Fund

RMUoHP students enrolled in the Master of Science in Physician Assistant Studies (MPAS) program assess themselves \$50 each per year to build a fund

for best purposes of the MPAS program. Those may include sending one or two student representatives to a national conference, assisting a student undergoing a tragic event in their family (such as a death of a family member), a celebratory event prior to graduation, and expenses for a fundraising event to grow the fund even larger.

MS MedSLP Student Fund

RMUoHP MedSLP students engage in a few fundraising events during the year to raise support for this fund to be used similar to the purposes of the MPAS Student Fund.



Community Support

Generous support from the community to the RMU Foundation allowed for continued development and expansion of services at the Community Rehabilitation Clinic, noteworthy research projects, MS Physical Therapy & Wellness Center growth, student scholarships, and funds for the RMUoHP Student Pantry Fund to supply food and necessities for RMUoHP students affected by the COVID-19 pandemic.

We are particularly grateful to the Kahlert Foundation for their substantial grant in 2021 to the Community Rehabilitation Clinic. Their investment in the CRC has allowed it to grow and flourish and provide much needed physical rehabilitation therapy to the underserved of Utah County.

The RMU Foundation is also very appreciative to all the benefactors for their support in 2021.

Grants & Gifts

Gifts \$30,000 or More

- Rocky Mountain University of Health Professions – For operational expenses for the Community Rehabilitation Clinic and fundraising costs.
- Dr. Rick & Jodi Nielsen – Endowment support for RMUoHP student scholarships and support for the RMUoHP Student Pantry Fund.
- Utah County Commissioners – Gift-in-Kind to the Community Rehabilitation Clinic.
- Provo City Redevelopment Agency – CDBG funding for the Community Rehabilitation Clinic.
- The Kahlert Foundation - Grant for the CRC.





Gifts \$29,999 - \$10,000

- Dr. Michael Skurja, Jr. – Endowment support for RMUoHP Student Scholarships.
- City of Orem, Utah – support for the Community Rehabilitation Clinic.
- Force Science Institute – Donation for RMUoHP research project.
- Nike – Donation for RMUoHP research project.

Gifts \$9,999 - \$1,000

- Dr. Jane Sweeney – for the Sweeney Pediatric Neonatology Fund and Pamela Mullens Pediatric Science PhD Scholarship Fund.
- Despain-Odlaug Thoughtful Fund – for the Pamela Mullens Pediatric Science PhD Scholarship Fund.
- Mary Jane Harris – support for general research at RMUoHP.
- LSVT Global, Inc. – grant for RMUoHP student research project.
- Paula Green Johnson – support for the MS Physical Therapy & Wellness Center.
- Eldred Sunset Manor Foundation – support for the Community Rehabilitation Clinic.
- Virginia Metcalf – for Pamela Mullens Pediatric Science PhD Scholarship Fund and Sweeney Pediatric Neonatology Fund.
- The Gibney Family Foundation – support for RMUoHP student scholarships.

Gifts \$999 - \$250

- Jeff Bate – Support for RMUoHP Student Scholarships
- Lorraine Glumac – for Pamela Mullens Pediatric Science PhD Scholarship Fund
- Virginia Metcalf – for Pamela Mullens Pediatric Science PhD Scholarship Fund
- Helen Timme Wallace – for Pamela Mullens Pediatric Science PhD Scholarship Fund
- Margaret Crastnopol – for Pamela Mullens Pediatric Science PhD Scholarship Fund
- Kacy Hertz – for Pamela Mullens Pediatric Science PhD Scholarship Fund
- Amazon Smiles Foundation – for general support to RMU Foundation
- Dr. John C. Sweeney – for Sweeney Pediatric Neonatology Fund
- Seattle Children's Hospital Foundation – for Sweeney Pediatric Neonatology Fund
- Physician Assistant Students – to MPAS Student Activity Fund
- Vic & Carma Morris – support for the Community Rehabilitation Clinic & MS Physical Therapy & Wellness Center
- Michael Morris – support for the MS Physical Therapy & Wellness Center
- Sarah Molokhia – support for the MS Physical Therapy & Wellness Center

2021

Financial Statements

Profit & Loss Statement

January through December 2021

Ordinary Income/Expense

Income

Foundation Fee (10%)	24,680.87
Gift in Kind	240,264.00
Grants	177,327.00
Individual Misc Donations	43,667.00
PA Donations	800.00
Research Donations	46,436.60
Stock Donation	57,596.00
Student Pantry Donations	2,900.00
Symposium	9,000.00

Total Income	602,671.47
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Gross Profit	602,671.47
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Expense

Depreciation Expense	2,245.00
Donation Campaigns	360.00
Fellowship Expense	9,000.00
Gift in Kind Offset	240,264.00
Grant Expense	109.00
Operating Expense	227,614.16
Research Expense	35,854.12
Scholarship/Donation/Symposium Expense	4,507.00
Student Pantry Expense	4,161.98

Total Expense	524,115.26
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Net Ordinary Income	78,556.21
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Profit & Loss Statement Continued

Other Income/Expense	
Other Income	
Interest Income	318.58
Total Other Income	318.58
Other Expense	
Interest and Finance Charges	777.43
Total Other Expense	777.43
Net Other Income	-458.85
Net Income	78,097.36

2021 Balance Statement

ASSETS

Current Assets	
Checking/Savings	
CRC Petty Cash	153.00
National Financial Services	73,609.16
Zions Checking-03143100	206,227.99
Total Checkings/Savings	279,990.15
Other Current Assets	
Prepaid Expenses	376.37
Stock Donated	155,848.00
Total Other Current Assets	156,224.37
Total Current Assets	436,214.52
Fixed Assets	
Capital Equipment	15,544.72
Total Fixed Assets	15,544.72
TOTAL ASSETS	451,759.24

2021 Balance Statement Continued

LIABILITIES & EQUITY

Liabilities

Current Liabilities

Accounts Payable

Accounts Payable	25.62
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Total Accounts Payable	25.62
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Credit Cards

Crystal Miskin CRC CC - 0552	177.74
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Dailie Todd Pantry CC - 0495	55.75
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Jocelyn Whiting Pantry CC - 5444	220.38
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Royal Chamberlain IT CC - 8616	305.72
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Vic Morris Zions Visa - 2540	416.14
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Total Credit Cards	1,175.73
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Other Current Liabilities

Unrecognized Income	67,500.33
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Total Other Current Liabilities	67,500.33
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Total Current Liabilities	68,701.68
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Total Liabilities	68,701.68
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Equity

Unrestricted Net Assets	304,960.20
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Net Income	78,097.36
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Total Other Current Assets	156,224.37
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Total Equity	383,057.56
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TOTAL LIABILITIES & EQUITY

451,759.24

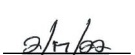
Statement by the Treasurer of Rocky Mountain University Foundation

In accordance with the requirements of Rocky Mountain University of Health Profession Bylaws, Section 7.5, and to the best of my knowledge, I certify that the above financial statements fairly represent all material aspects of the financial condition of Rocky Mountain University of Health Professions Foundation for the year 2021.

Signed



Date



Jeffrey B. Bate, MBA

Treasurer

Rocky Mountain University
of Health Professions Foundation

Executive VP of Finance

Rocky Mountain University of Health Professions

Foundation

Future Needs

RMUoHP Student Scholarships

The Winter 2021 semester, starting in January, had 86 student applications for scholarships. In the Winter 2022 semester, there were 270 student applications. There is only about \$11,500 in the Foundation scholarship fund for 2022 awards, so the need is great. General scholarship support for students qualifying for hardship support is most needed since many of the present scholarships are restricted to specific university programs.

Scholarship Needs – \$50,000 per year or \$5,000,000 endowment.

Student Food Pantry Fund

Many RMUoHP students benefit from donations to this fund in providing essential grocery store item needs. **Support needed - \$300 to \$500 per month.**

RMUoHP Research

The Office of Research and Sponsored projects looks forward to the opportunity to initiate,

coordinate, and handle research at the Community Rehabilitation Clinic to not only improve patient outcomes but to also gather research that will improve physical therapy treatment. Funding will support clinical researchers, research assistants, equipment and supplies.

Personnel support needed – \$20,592

- **Physical therapist – \$4,160**
- **Clinical research coordinator – \$5,200**
- **Research assistants (3) – \$8,424**
- **Clinical assistant – \$2,808**

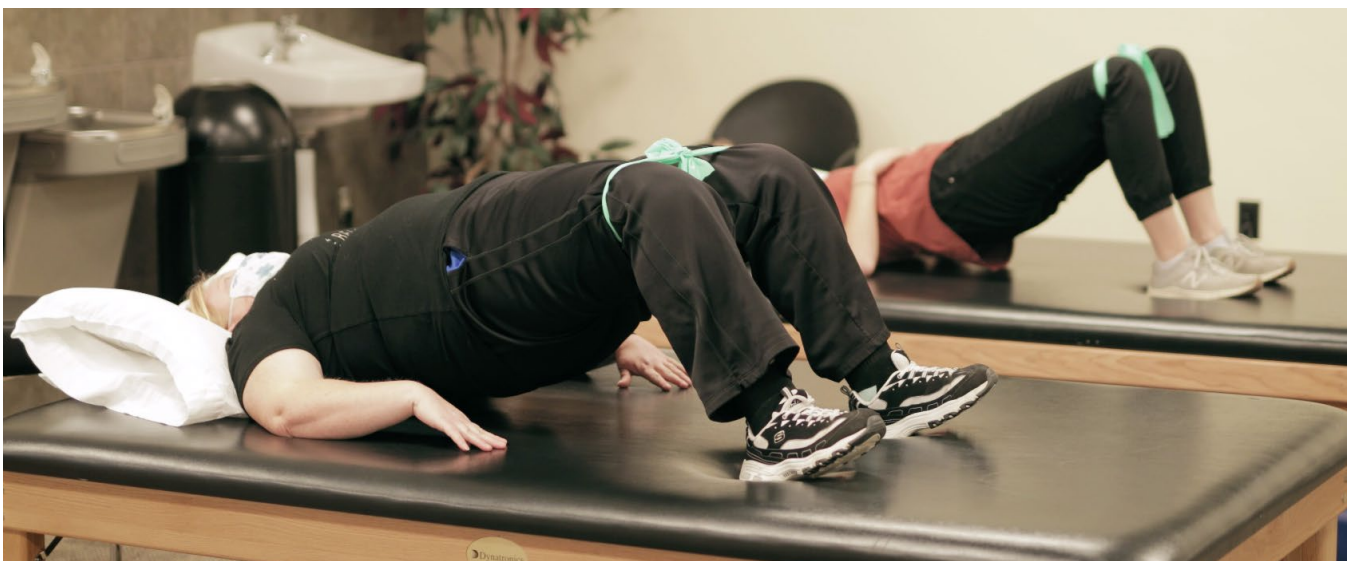
Equipment support needed – \$6,900

Other support needed – \$1,750

Total Support needed – \$29,242

Community Rehabilitation Clinic

Ongoing support for physical therapy, COVID rehabilitation, health & wellness, multiple sclerosis PT Center, EMG, student service learning, and student run pro bono clinic programs for equipment and operational needs. **Support Needed – \$250,000 per year.**



Center for Communication Disorders

The CCD is invested in improving the access to high quality, integrated services in feeding and swallowing disorders. Services are often splintered between multiple providers and access to those providers can be limited by distance, access to public transportation, and long waiting lists. Communication barriers due to reduced healthcare literacy and language differences can further impact compliance with recommendations for healthy intake of food and liquid.

To meet the needs of community members facing these challenges, the CCD is looking for partners to help others provide access to instrumental assessment of swallowing within our clinic and through a mobile service. Please review the list of items we are need of in the chart below.

Please consider joining us in reducing the poor health outcomes and unnecessary delays in service delivery for the underserved members of our community.

Projects & Equipment	Implementation Year	Funding Needed
Mobile Voice and Swallowing Center	2021	\$100,000,000 - \$1,500,000
Radiology Center	2022/2023	\$250,000
Pharyngeal Manometry (Swallowing)	2022/2023	\$67,000
Portable Fiberoptic Endoscopic Evaluation of Swallowing (FEES) for Area Nursing Homes	2021	\$50,000
Preschool Furniture	2021/2022	\$5,000
Weight Scale (Pediatric Feeding Clinic)	2021/2022	\$1,700
Laminator	2021/2022	\$500

Summary

Thanks to the donors, volunteers, and university, Rocky Mountain University Foundation successfully expanded its scope and outreach in 2021 in fulfilling its mission. These efforts served the community through the pro bono clinics, fostering learning and sponsoring research for students and faculty in healthcare fields, providing student scholarships, and collaborating with organizations that have shared missions and objectives.

Contact the Foundation

If you would like to get in touch with the RMUoHP Foundation please contact Vic Morris.

Victor Morris

Senior Director Rocky Mountain University Foundation

Email: victor.morris@rm.edu

Phone: (801) 885-8075 call or text





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